## **Expectations of a CHS Athlete**

- 1. Be courteous to visiting teams and officials.
- 2. Play hard and to the limit of his/her ability, regardless of discouragement. The true athlete does not give up nor does he/she quarrel, cheat, bet or grandstand.
- 3. Retain his/her composure at all times and never leave the bench to enter the playing field/court to be in a fight.
- 4. Be modest when successful and gracious in defeat.
- 5. Maintain a high degree of physical fitness by observing team and training rules conscientiously.
- 6. Demonstrate loyalty to the school by maintaing a satisfactory scholastic standing and by participating or supporting other school activities.
- 7. Play for the love of the game.
- 8. Understand and observe the rules of the game and the standards of eligibility.
- 9. Set a high standard of personal cleanliness and attire.
- 10. Repsect the integrity and judgment of officials and accept their decisions without questions.
- 11. Respect equipment and uniform issued to you during the sport season.
- 12. Respect the facilities of host schools and the trust entailed in being a quest.
- 13. Students must currently be enrolled and pass five credits, or their equivalent, the preceding grading period.
- 14. Students must maintain a 1.5 GPA or higher.

## **Expectations of a CHS Athlete's Parent**

- 1. Treat visiting teams and officials as a guest, extending to them every courtesy.
- 2. Be modest in victory and gracious in defeat.
- 3. Respect the judgment and integrity of officials, realizing that their decisions are based upon game conditions as they observe them.
- 4. Understand that it is the coaches' responsibility to make certain that students are working to become better people and athletes, not to win every game.
- 5. Recognize that good sportsmanship is more important than victory by approving and applauding for team play.
- 6. Keep any negative thoughts about the coach, the program, or teammates to yourself. Your child has one chance to be a high school athlete, help to make it special.
- 7. Abide by the 24 hour rule. The 24 hour rule states that the parent will not voice a complaint to the coach within 24 hours of a game.
- Parents should feel free to speak to a coach about: the treatment of their child, how the child can improve their skills and the child's attitude and behavior.
  Parents should not ask about playing time, game strategies and other players.